

edible garden project

NORTH SHORE NEIGHBOURHOOD HOUSE

Urban Farm Volunteer Internship Opportunity

Position: Volunteer Farm Intern

Type: Part-time volunteer with learning opportunities and access to produce

Organization: North Shore Neighbourhood House - [Edible Garden Project](#)

Location: North Vancouver, B.C.

The North Shore Neighbourhood House (NSNH) is a charitable organization that has been operating on the North Shore of Vancouver for over 75 years. The Edible Garden Project (EGP) is a program of the NSNH that builds community through growing local food on the North Shore.

This volunteer position provides a season-long opportunity to assist in running a successful small-scale urban farm. Our Farm serves as a model of local sustainable food production and is a community hub, providing hands-on learning and volunteer opportunities to the community. Volunteer Interns will be leaders on the farm and gain hands-on experience in all aspects of enterprise, including farm management, volunteer coordination, community outreach and education with supervision and mentorship from our Farm Manager. We believe that the best way to learn about farming is by farming, and therefore the majority of the internship will involve working alongside our farmers and learning about the importance of planning, pace, efficiency and timing. We are more than happy to accommodate specific learning requests from dedicated interns.

We are not looking simply for labourers, but for people keen to learn as much as they can about running a successful urban farming operation. Our hope is that our volunteer interns will leave the program feeling confident that they have a solid base of understanding in how to run a small urban farm operation. Reference letters available upon completion of internship.

Internship Details:

- March - October 2023
- 3 hours a week, either 9am-12pm or 1pm-4pm
- Day is flexible, but must be Monday, Tuesday, Thursday or Friday (not Wednesday)
- Access to produce when available

Learning Opportunities:

- Field prep/planning: compost and soil management, season extension, crop rotation
- Seeding/propagation: direct seeding, seedling starting and maintenance, transplanting
- Crop maintenance: pruning, thinning, weed and pest management
- Harvesting and post-harvest preparation
- Marketing produce and managing a farm market
- Community outreach and events
- Flower harvest and arranging for market



The Farm Coordinator, offered endless insights and remained approachable and courteous throughout the whole learning process. Anyone who wants to work in sustainable food production, and who desires a deeper understanding of food systems, should consider this program.

- Bernadette, 2019 Intern

What We're Looking For:

- Self-motivated and passionate about growing food in the city
- Willingness to work outdoors in all weather conditions
- Good communication skills
- Attention to detail
- Respectful, compassionate and a team player
- Able to perform repetitive, physical labour

Assets:

- Experience working with diverse volunteers
- Basic horticultural or construction skills
- Experience with outdoor/experiential education
- Physically fit and able to squat, bend and lift at least 40lbs

How to Apply:

Please send a brief letter (max 500 words) outlining the following:

- Relevant experience
- Skills that you will bring to the team
- What you hope to gain from such an internship experience
- Specific interests or topics that you would like to learn more about

Send email to farmer@ediblegardenproject.com, with the subject line "Internship 2023".

Only shortlisted candidates will be contacted. All shortlisted candidates will be required to fulfill an interview and complete a Criminal Record Check.

To learn more about the Edible Garden Project and our social enterprise farms (Loutet Farm and Sutherland Schoolyard Market Garden), visit our website: www.ediblegardenproject.com

We look forward to your application!



"This summer was a really critical summer for me personally and definitively the most fun! I was so grateful to be outside, connecting with the earth and my community in a meaningful way. I learned a ton about farming, which I plan to incorporate into my career one day. This experience further solidified my interest in becoming a farmer and has encouraged me to continue on that path. It has taught me the foundations I need to take the next steps and taught me that I am capable and really love this work."

- Jacqueline, 2019 Intern