

The edible garden project



The Edible Garden Project provides guided educational visits to Loutet Farm for schools and other groups. Loutet Farm provides an outdoor classroom featuring hands-on farming experiences to build childrens' awareness of the impact our food can have on our health and the environment.

Visit Loutet Farm:

Loutet Farm features include:

- seasonal vegetables
- unheated greenhouses
- composting

Background:

Loutet Farm is a ½ acre market garden operated by the North Shore Neighbourhood House Edible Garden Project. The Farm took its fledgling steps in 2011 as the first urban farm on public parkland in the region, and the first opportunity for those on the North Shore to participate in creating a local sustainable food system. It is a community hub that brings together hundreds of neighbours to get their hands dirty, buy produce, and celebrate food. It is a place for students to meet the worms and discover their love for kale. Activities will be grade appropriate.

Cost:

- \$50-100 per 1-2 hour visit (maximum 25 people)
- Minimum one adult per 10 students, minimum three adults for groups of 25 students.

Activities:

Groups participate in a one or two hour block of activities. Group leaders can choose a theme from the list below:

- **Farm FUNDamentals:** Learn the basics of the Farm and what we grow.
- **Soil and Our Food:** Get dirty and learn the importance of our soil.
- **Growing Our Food:** Learn what we grow and how to grow your own.
- **Insects on the Farm:** Bug out and learn the importance of insects on the Farm.

Prescribed Learning Outcomes (PLOs):

A visit to Loutet Farm meets many of the B.C. Ministry of Education prescribed learning outcomes, especially in Science and Social Studies. For example:

- Grade 1 Science (Life Science) - describe the basic needs of local plants and animals (e.g., food, water, light)
- Grade 5 Social Studies (Human and Physical Environment) - explain why sustainability is important